

SECTION F
THE CENTER FOR EPIDEMIOLOGIC STUDIES DEPRESSION SCALE
(CES-D) *INTERVIEWER: Read questions as written, no explanations.*

In this next section I will ask questions about emotional or psychological problems that you may have experienced.

F1. First, I would like to read you a list of the ways you might have felt or behaved recently. Please tell me how often you felt this way during the past week.

(Show Card 15)

	<i>Rarely or none of the time (less than 1 day)</i>	<i>Some or a little of the time (1-2 days)</i>	<i>Occasionally or a moderate amount of time (3-4 days)</i>	<i>Most or all of the time (5-7 days)</i>
<u>During the past week...</u>				
F1a. I was bothered by things that usually don't bother me.	0	1	2	3
F1b. I did not feel like eating; my appetite was poor.	0	1	2	3
F1c. I felt that I could not shake off the blues even with help from my family or friends.	0	1	2	3
F1d. I felt that I was just as good as other people.	0	1	2	3
F1e. I had trouble keeping my mind on what I was doing.	0	1	2	3
F1f. I felt depressed.	0	1	2	3
F1g. I felt that everything I did was an effort.	0	1	2	3
F1h. I felt hopeful about the future.	0	1	2	3
F1i. I thought my life had been a failure.	0	1	2	3
F1j. I felt fearful.	0	1	2	3
F1k. My sleep was restless.	0	1	2	3

(Show Card 15)

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<u>During the past week...</u>				
F1l. I was happy.	0	1	2	3
F1m. I talked less than usual.	0	1	2	3
F1n. I felt lonely.	0	1	2	3
F1o. People were unfriendly.	0	1	2	3
F1p. I enjoyed life.	0	1	2	3
F1q. I had crying spells.	0	1	2	3
F1r. I felt sad.	0	1	2	3
F1s. I felt that people dislike me.	0	1	2	3
F1t. I could not get "going".	0	1	2	3