Form of Waiver and Release

I ________________, being of lawful age, in consideration of being permitted to participate in a church retreat scheduled for October 15, 2004 to October 17, 2004, and run by Amherst Koinonia Church, WAIVE, RELEASE, and DISCHARGE Amherst Koinonia Church of the above noted activity and each of them their owners, officers and employees, from all liability for or by reason of any damage, loss or injury to person and property, even injury resulting in the death of myself, which has been or may be sustained in consequence of myself’s participation in the activity described above, and notwithstanding that such damage, loss or injury may have been caused solely or partly by the negligence of Amherst Koinonia Church.

I hereby acknowledge and agree that I have carefully read this Waiver and Release agreement, that I fully understand same, and that I am freely and voluntarily executing same.

By signing this release I will forever be prevented from suing or otherwise claiming against Amherst Koinonia Church for any property loss or personal injury that I may sustain while participating in or preparing for the above noted activity.

I understand that I would not be permitted to participate in the above noted activity unless I signed this Waiver and Release agreement.

I acknowledge that I do not have any physical limitations, medical ailments, physical or mental disabilities that would limit or prevent me from participating in the above mentioned activity, and, if required, will obtain a medical examination and clearance.

This Waiver and Release Agreement will be construed in accordance with and governed by the laws of the Commonwealth of Massachusetts, and it is acknowledged by myself to be as broad and inclusive as permitted by the laws of this jurisdiction.

I HAVE READ AND UNDERSTAND THIS AGREEMENT, AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST AMHERST KOINONIA CHURCH.

_________________________ has executed this Waiver and Release on the date ___/___/______

Signature,