Note 100cm 1100cm 7,30cm 1000cm 7,20cm 7,20cm 1000cm 7,20cm 7,20cm 1000cm 7,20cm 7,20	Valentine Hall Menu	for the week: 09-01-2013						lege Intranet
Part		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
- International Company	Hours	9:00am – 11:00am	7:30am – 10:00am			7:30am – 10:00am	7:30am – 10:00am	7:30am – 11:00am
		Scrambled Eggs Fried Eggs Hard Boiled Eggs Bacon Sausage Links Rosemary Roasted Potatoes Blueberry Pancakes	Fried Eggs Scrambled Eggs Hard Boiled Eggs Bacon Sausage Patties O'Brien Potatoes Raisin Bread French Toast	Smoked Salmon, Asparagus & Cream Cheese Quiche w/Dill Asparagus Cream Cheese Quiche w/Dill Bacon Kielbasa Pancakes	Scrambled Eggs Hard Boiled Eggs Bacon Grilled Ham Steaks Rosemary Roasted Potatoes	Scrambled Eggs w/Spinach & Parmesan cheese Hard Boiled Eggs Bacon Sausage Links Pan Fried Potatoes	Fried Eggs Scrambled Eggs Hard Boiled Eggs Bacon Canadian Bacon Potatoes Santa Fe French Toast Sticks	Scrambled Eggs Hard Boiled Eggs Sausage Links Bacon
Treatment 1000m - 200pm 1100m - 200pm	Pastry Selection	 Assorted Bagels 	Muffins • Assorted Bagels	Coffee Cake Assorted Bagels	 Assorted Bagels 	Assorted Bagels	Muffins • Assorted Bagels	Muffins • Assorted Bagels
Charter Selection Coop Charter Interior State Charter Selection Coop Charter Interior State Charter Selection Coop Charter Selection C		44.00	44.00	44.00		44.00	44.00	44.00
Chicken Control Contro		Chef's Selection Soup Tomato & Garden	Chicken Tortellini Soup	· Hearty Rice & Sausage Soup	Chicken and Leek Soup Chipotle–Sweet Potato	Beef Noodle Soup Aztec Chili w/Ancient	Corn Chowder	Chef's Selection Soup Yellow Pea w/Roasted
- Fruitchner, Marindrom & Austrache und Fraceria & Searche Program / Fracebook (Page Court)	Lighter Side	Chicken Broccoli Steamed Cauliflower Brown Rice Whole Wheat Pasta	Chicken Vegan Ravioli Green Bean Medley Baked Potato Brown Rice Whole Wheat Pasta	Chicken Veggie Burger Po Boy Vegetarian Paella Brussel Sprouts Brown Rice Baked Sweet Potato Whole Wheat Pasta	Chicken Quinoa Stew Fresh Green Beans Brown Rice Baked Potato Whole Wheat Pasta	Chicken Steamed Prima Vera Vegetables Brown Rice Baked Sweet Potato Whole Wheat Pasta Marinara Sauce Portabella & Roasted	Chicken American Chop Suey W/o Meat Spicy Rice & Beans Roasted Vegetables Brown Rice Baked Potato Whole Wheat Pasta	Chicken Veggie Nuggets Harvest Blend Vegetables Brown Rice Whole Wheat Pasta
Ham	Traditional	Artichoke, Mushroom & Asiago Quiche Hard Boiled Eggs Blueberry Pancakes Vermont Corned Beef Bacon Sausage Links Rosemary Roasted Potatoes Vegan Oatcakes	assortment of Ravioli & Sauces prepared in different styles • Peas	Sandwich Roast Beef Po Boy	Sausage Patty • Chicken Tenders	Potato Chips	Chips • American Chop Suey	Hard Boiled Eggs Bacon Sausage Links French Dipped Waffles French Fries Broccoli Steamed Baked Beans Italian Cold Cut Grinder BBQ Chicken Sandwich
Marinated Artichoke Hearts Crotein Potation Salad Mixed Fourt Orange Minit Rice Salad Amed Fourt Orange Minit Rice Salad Oran	Deli	HamRoast BeefTuna SaladCheddar CheeseProvolone Cheese	Ham Roast Beef Salami Tuna Salad Chicken Salad Cheddar Cheese Provolone Cheese	Ham Roast Beef Black Forrest Ham Tuna Salad Ham Salad Cheddar Cheese Provolone Cheese	Ham Roast Beef Smoked Turkey Egg Salad Tuna Salad Cheddar Cheese Provolone Cheese	Ham Roast Beef Bologna Turkey Salad Cheddar Cheese Provolone Cheese	Ham Roast Beef Corned Beef Tuna Salad Egg Salad Cheddar Cheese Provolone Cheese	Ham Roast Beef Tuna Salad Cheddar Cheese Provolone Cheese
Hearts Greek Peats Salad Chic Pea Salad Croele Peats Salad Cro	Pizza		Assorted Pizzas	Assorted Pizzas	Assorted Pizzas	Assorted Pizzas	Assorted Pizzas	
Pastry Selection Assorted Bagels English Mufflins Assorted Passa Chicken Fortins Fresh Catch of the Day Chicken Assorted Bagels English Passa Chicken Fortins Passa Pisan Pi	Salads		Hearts	Chic Pea Salad		Salad		
Hours 4:30pm - 7:30pm	Pastry Selection	 Assorted Bagels 	Carnival Cookies	Chocolate Chip Blondies		Oatmeal Raisin Cookies	Raspberry Oatmeal Bars	Muffins • Assorted Bagels
Chefs Selection Soup Chicken Tortelllin Soup Chicken Tortellin Soup Chicken And Leak So	11	4.00	4.00 7.00	4.00		4.00	4.00	4.00 7.00
- Grilled Breast of Chicken - Veggie Stuffed Pepers in Chicken - Fresh Steamed Broccoli - Fresh Steamed Broccoli - Fresh Steamed Broccoli - Samosa Casserole - Saked Sweet Potato - Baked		Chef's Selection Soup Tomato & Garden	Chicken Tortellini Soup	Hearty Rice & Sausage Soup	Chicken and Leek Soup Chipotle–Sweet Potato	Beef Noodle Soup Aztec Chili w/Ancient	Corn Chowder	Chef's Selection Soup Yellow Pea w/Roasted
Traditional Tradit	Lighter Side	 Grilled Breast of Chicken Veggie Stuffed Peppers Brussel Sprouts Brown Rice 	Grilled Breast of Chicken Fresh Steamed Broccoli Roasted Vegetables Brown Rice	Grilled Breast of Chicken Tofu Stir Fry Samosa Casserole Swiss Chard Harvest Blend Vegetables Brown Rice	Grilled Breast of Chicken Tofu Marsala w/Mushrooms Zucchini & Peppers in Olive Oil Cauliflower Brown Rice	Grilled Breast of Chicken Pakoras Sweet & Sour Sauce Fresh Green Beans Brown Rice Baked Potato	Grilled Breast of Chicken Vegan Tortellini Vegan Pesto Steamed Collard Greens Steamed Prima Vera Vegetables Brown Rice	Chicken Portabella Philly Grinder W/Onions Roasted Vegetables Brown Rice
Pasta	Traditional	Turkey Grilled Pork Chops with Bourbon Peaches Apple Cranberry Chutney Mashed Potatoes Roasted Fresh Butternut	Roast Sirloin of Beef w/ Woodland Mushrooms Rosemary Roasted Potatoes	Sesame Chicken WingsJasmine Rice	Roast Leg of Lamb w/ Cider & Apples Zucchini & Peppers in Olive Oil	• 1/4lb Hamburger	Mushroom Sauce Salsiccia al Forno, Italian Sausage roasted w/Potato, Tomato, Olives, Onions & Pepperss Gnocchi in Sage Butter w/Local Squash	Cheesesteak Sauteed Green Peppers, Onions & Mushrooms Cheese Sauce
Sour Cream Chocolate Cake Dinner Rolls Lemon Poppy Seed Pastry and Bread Sour Cream Chocolate Cake Dinner Rolls Dinner Rolls Carrot Cake w/Cream Lemon Poppy Seed Chocolate Cream Pie Dinner Rolls Sour Cream Chocolate Cake Dinner Rolls Sour Cream Chocolate Dinner Rolls Dinner Rolls Sour Cream Chocolate Dinner Rolls Dinner Ro		Penne Cheese Tortellini Bolognese Sauce Marinara Sauce Pizzaiola Sauce	Penne Fettucini Bolognese Sauce Marinara Sauce Pesto Cream Sauce	Penne Shells Bolognese Sauce Marinara Sauce Gorgonzola Sauce	Penne Radiatorre Bolognese Sauce Marinara Sauce White Clam Sauce	Penne Linguini Bolognese Sauce Marinara Sauce Creole Sauce	Penne Spaghetti Bolognese Sauce Marinara Sauce Al Fredo Tre Fromaggi	Penne Bucatini Bolognese Sauce Marinara Sauce Carbonara Sauce
Pastry and Bread Cake Carrot Cake w/Cream Lemon Poppy Seed Chocolate Cream Pie Assorted Ice Cream Chocolate Cake Apple Pie	Pizza				·			
	Pastry and Bread	Cake	Carrot Cake w/Cream	· Lemon Poppy Seed		 Assorted Ice Cream 	Chocolate Cake	

Information regarding ingredients, nutritional values, dietary restrictions and food allergies may be found at our ACNULTITION

website